

# ASHAI PRICE LIST

## MASSAGE THERAPY

|                                        |       |
|----------------------------------------|-------|
| 45 Minute Massage .....                | \$99  |
| 60 Minute Massage .....                | \$125 |
| 90 Minute Massage .....                | \$175 |
| 120 Minute Massage .....               | \$215 |
| New Client Massage (60 Min) .....      | \$99  |
| Student Athlete Massage (60 min) ..... | \$99  |

## MASSGE THERAPY ADD - ONS

|                 |      |
|-----------------|------|
| Hot Stone ..... | \$20 |
| Cupping .....   | \$20 |

## CRYO THERAPY

|                                    |      |
|------------------------------------|------|
| Full Body Cryo Therapy .....       | \$45 |
| Cryo Facial .....                  | \$55 |
| Cryo Recovery .....                | \$50 |
| Freeze & Squeeze .....             | \$50 |
| Student Athlete Cryo Special ..... | \$35 |
| (Full Body)                        |      |

## RED LIGHT THERAPY

|                           |      |
|---------------------------|------|
| Full Body Red Light ..... | \$40 |
|---------------------------|------|

## INJECTIONS

|                                      |           |
|--------------------------------------|-----------|
| B-12 Shot .....                      | \$35      |
| Lipo B .....                         | \$48      |
| B-Complex .....                      | \$45      |
| Biotin .....                         | \$35      |
| Glutathione (IM) .....               | \$40      |
| NAD+ (IM) .....                      | \$90      |
| Vitamin D .....                      | \$130     |
| Vitamin C .....                      | \$50      |
| Torodal (IM) .....                   | \$45      |
| Semaglutide (Single Injection) ..... | \$75-100  |
| Tirzepatide (Single Injection) ..... | \$100-125 |

## IV HYDRATION & SUPPLEMENTAL THERAPY

|                         |       |
|-------------------------|-------|
| Base Hydration .....    | \$110 |
| Natural Defense .....   | \$220 |
| Glutathione (IV) .....  | \$155 |
| Rise & Shine .....      | \$190 |
| Weekend Warrior .....   | \$220 |
| Fountain of Youth ..... | \$270 |
| NAD + (IV) .....        | \$399 |

## IV THERAPY ADD - ONS

|                     |      |
|---------------------|------|
| Benadryl .....      | \$35 |
| Dexamethasone ..... | \$40 |
| Magnesium .....     | \$45 |
| Torodal .....       | \$45 |
| Zofran .....        | \$30 |

## OTHER SERVICES

|                                        |         |
|----------------------------------------|---------|
| Normatec Compression Therapy .....     | \$25    |
| Oxygen Bar .....                       | \$30-40 |
| Vibe Plate .....                       | \$30    |
| InBody Composition Scan .....          | \$30    |
| Healthcare Provider Consultation ..... | \$30    |

## BUNDLES/PACKAGES

|                               |       |
|-------------------------------|-------|
| Biotin Bundle (5 Doses) ..... | \$150 |
| NAD+ Bundle (4 Doses) .....   | \$280 |

## MEMBERSHIPS

|                                     |            |
|-------------------------------------|------------|
| Unlimited Red Light (Monthly) ..... | \$75       |
| Fit Rx Membership(3 Months) .....   | \$600-1200 |

\*PRICES SUBJECT TO CHANGE\*



FOR MORE INFORMATION ON  
TREATMENTS, SERVICES, AND TO  
VIEW OUR ADD-ONS, BUNDLES, AND  
PACKAGES SCAN THE QR CODE.